# St. Joseph Parish of St. Joseph Ridge

W2601 State Road 33, La Crosse WI 54601

July 21, 2024

#### **PASTOR**

Fr. Biju C Kunjukutty, MSFS 715-495-2338 bchennala@diolclergy.org

#### WEEKEND MASS SCHEDULE

Saturday	4:00 pm
Sunday	8:30 am

#### WEEKDAY MASS SCHEDULE

First Saturday M	1ass8:30	am
Monday	5:30	pm
Tuesday		
Adoration	5:00	pm
Mass	5:30	pm
Thursday	8:30	am

#### **CONFESSIONS**

- First Saturday after 8:30 am Mass
- 3:30—3:45 pm (before Saturday Mass) or by appointment

#### PARISH OFFICE

Barb Mikshowsky 608-788-1646 Bulletin deadline: Wednesday sjrp2601@gmail.com Office hours vary, call or email with

# Fr Biju also serves St. Peter's Parish, Middle Ridge

(608) 452-4680

#### Adoration:

questions

Wednesday......7:30-9:00 pm

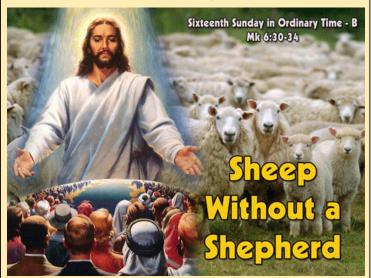
#### Weekend Mass Schedule:

Saturday......8:00 pm Sunday.....10:00 am

#### Weekday Mass Schedule:

Wednesday8:00	am
Friday8:00	am

# Sixteenth Sunday in Ordinary Time



# **Readings:**

First Reading: Jeremiah 23:1-6

**Second Reading: Ephesians 2:13-18** 

Gospel: Mark 6:30-34

# CONTACT THE PARISH OFFICE TO MAKE ARRANGEMENTS FOR:

- ♦ Joining the Parish
- ♦ Weddings or Baptisms
- ◆ Anointing of the sick (also call Fr. Biju cell phone)
- ♦ If you are home-bound and would like to be visited

## ~ PARISH INTENTIONS ~

#### **SATURDAY, JULY 20TH**

~4:00 pm - † Madonna Bahr (Leis family)

Lector: Bill Weber

Servers: Volunteers Ushers: Volunteers

#### **SUNDAY, JULY 21ST**

~8:30 am † Arnold Meyers (L&DC)

Lector: Lorie Liss (Liebl)

Servers: Volunteers Ushers: Volunteers

#### **MONDAY, JULY 22ND**

~5:30 pm -† Herbert Jungen (MB)

#### **TUESDAY, JULY 23RD**

~5:00 pm Adoration of the Blessed Sacrament

~5:30 pm -† Jim Hesselberg (MK)

## THURSDAY, JULY 25TH

~8:30 am-† George & Evelyn Miller (T&MP)

#### **SATURDAY, JULY 27TH**

~4:00 pm - † Don & Elaine Bina (SR)

Lector: Lorie Liss (Liebl)

Servers: Volunteers Ushers: Volunteers

#### SUNDAY, JULY 28TH

~8:30 am Our Parish Family

Lector: Dan Steiger

Servers: Volunteers Ushers: Volunteers

# ~ Contributions for the past week ~

Total:	\$2,853.00
Plate collection:	\$ 243.00
Adult Envelopes(30):	\$ 2,610.00

# ~ PARISH CALENDAR ~

August 7—6:00 pm Pastoral Council Meeting

#### ~ FAITH Enrichments ~

#### \* Adoration of the Blessed Sacrament

Tuesday evenings 5:00 pm - 5:30 pm Mass

- ~ 8 Ways to Pray During Eucharistic Adoration ~
- Read Spiritual Books Ask for Intercession
- Meditate Offer a Holy Hour Write a Prayer Journal
  - Read the Scriptures
     Pray Spontaneously
    - Ask the Saints for help

Spending time with our Dear Lord!!!

\* Anointing of the Sick - Father Biju will be available for anointing of the sick after the first Saturday mass of each month or contact Fr. Biju directly if you or a family member would like to receive the sacrament.

#### \* Confession

First Saturday of each month after 8:30 am Mass or 3:30—3:45 pm



before 4:00 pm Mass or by appointment. Please contact Fr. Biju to set up a time.

#### \* Mass Intentions

Please contact the Parish office phone #788-1646 or email sjrp2601@gmail.com if you would like to schedule mass intentions.

Or there are envelopes in the back of church.

#### MASS STIPEND FEE CHANGE

In accordance with a decision of the Bishops of Wisconsin, starting on July 1st, Mass stipend fees will increase from \$10 to \$20

**Donations:** Here are some ways to contribute:

- Use the online giving portal set up by the Diocese: https://diolc.org/st-joseph-parish-st-joseph-ridge/
   (processing fees will be deducted from your contribution, which average 3% for debit and credit cards and \$.75 for EFT, ACH)
- Drop off a contribution in the church donation box
- Mail in your weekly/monthly offering to parish office (W2601 State Road 33, La Crosse, WI 54601)
- If you use online banking and would like make your contribution using bill pay, set up St. Joseph Ridge Parish as a payment and the bank will mail it directly to the parish.

# FROM THE PASTOR



# Sixteenth Sunday in Ordinary 7ime

"Come away by

yourselves to a deserted place and rest a while."

Indeed, a man needs not only to sleep, eat, work and repeat, but also needs to rest. Moving away from physical or intellectual engagement, towards the spiritual realm, is what God commanded us regarding the Sabbath. Jesus knew it was important for people to get away from time to time. Jesus and His apostles had been out preaching and teaching and healing and ministering to the public. So, Jesus suggested that they get away from the crowds for a while to a deserted place and rest.

A deserted place is a place where – without unnecessary obstacles – God reveals himself to us. A desert is a space of spiritual reunion with God, as well as getting closer to oneself. Getting closer to God and yourself is extremely useful in building relationships with others. Unfortunately, there are those who never spend time in a spiritual desert.

A person "addicted to action" will eventually burn out, leaving only a rubble inside, manifesting itself by insomnia, irritation, and emotional chaos. This weekend Jesus teaches us to rest in God, withdraw for a moment from everything we are engaged in and

Gíve yourself tíme to rest and reflect. entrust all worries to Him. It's in fact is the recipe for happiness - resting in God.

Have a blessed week!

Live Jesus ~ Fr Biju MSFS

#### ~ PARISH NEWS ~



Our faith matters. The more we help our children see the beauty of Catholicism, the greater are their chances of remaining faithful.

Integrating the suggestions below into the daily lives of our children will

help build the necessary foundation to strengthen family's faith and to help them grow in love for the Lord.

Read stories about saints, Pray as a family, Perform the Spiritual Works of Mercy together, Make Learning Fun!

†Religious Education information will be coming soon.†

#### ~ DIOCESAN NEWS ~

#### A Minute with Jesus:

#### Our Response is Thanksgiving

When we receive Jesus, we want to thank Him for the total gift of Himself to us. This Gift of the Eucharist empowers us to live our lives with thankful hearts as we follow Him with trust and commitment.



Let's read and pray this right now and every day this week: We have a Heavenly Father who loves each one of us, in an absolutely unique way as expressed in Scripture:

"Every good and perfect gift comes down from the Father of lights, with Whom there is no variation or shadow caused by change" (James 1:17).

In thanksgiving, let us pray the *Our Father* prayer, remembering both our Heavenly Father and our earthly father.

#### ~2nd Annual Picnic - St. Mary Parish, Coon Valley

Saturday, July 27th from 11 AM -4 pm, The event is free to everyone (good will donations accepted) Join us for a hog roast by Simply Smoked, live music by Leather and Lace, bounce house, dunk tank, snow cones, bingo, kids games and more. Bring your lawn chair and join us for a great afternoon.

See, I have God for my help. The Lord sustains my soul.

I will sacrifice to you with willing heart,
and praise your name, O Lord, for it is good



# ~ DIOCESAN/Community NEWS ~

#### ~St. Patrick's Church Rummage Sale—Bake Sale

St. Pat's in Onalaska, will be having a rummage sale/bake sale, July 26, (7:30 am-4 pm) and Saturday, July 27 (7:30 am-3 pm). Contact the parish office for information: 608.783.5535, ext 2

#### ~La Crosse Food Pantry Running Low

Our Food Pantry in La Crosse is very low. Personal hygiene items and non-perishable food items are much needed. Donations can be dropped off at 508 South 5th Ave in La



Crosse, Monday-Thursday from 9 am - 4 pm. As always, monetary donations are always appreciated to keep our organization running. Thank you for your continued support!!

~Healthy Living with Chronic Pain Gundersen Health System will be hosting a virtual workshop Wed., afternoons for 6 wks starting August 7. This workshop focuses on strategies for understanding and managing pain and stress management for adults. For information, please contact Vicky at 608-775-6870 or wellness@gundersenhealth.org.

#### ~16 Years Dedication Anniversary of the Shrine

July 31, 2024 @ 9:00 am - 5:00 pm. You are invited to celebrate the 16th Anniversary of the Shrine's Dedication, a day to thank God for all who have shared in Cardinal Burke's vision for this place of pilgrimage.

12:15 pm Holy Mass—Celebrant: His Eminence Raymond Leo Cardinal Burke https://guadalupeshrine.org/post/events/16th -dedication-anniversary/



As Christian disciples, deep Stewardship down, we know our true Reflections happiness is found in God. So, ■ what are we waiting for? Let us not delay but take the leap

of faith and allow ourselves to love God in return radically. This radical love, this deep connection with Him, is the key to our ultimate joy and fulfillment.

As we begin this new week, let us name the things that rob us of our ultimate happiness, such as material possessions, unhealthy relationships, or negative self-image. Work to let go of them, perhaps by practicing gratitude, setting healthy boundaries, seeking professional help, and striving to make Jesus our true shepherd by seeking Him in our daily lives.

### ~ ACTIVITY CORNER ~

# Psalm 23 Word Puzzle

wito is this Fsaint about?
Unscramble the letters in blanks and use the ones in circles to fill in the answer at the bottom!
In O (EGRNE) pastures
he gives me repose;
beside restful waters he leads me;
he refreshes my
He guides me in right paths
(FRO) his name's sake.
Even though I walk
in the O (AKRD) valley
I fear no evil, for you are at my O
(IEDS)
with your rod and your staff
(HATT) give(EM) courage.
You (EADSRP) the table
before me
in the (HGTSI) of my foes;
you anoint my (EAHD) with oil;
my cup
(FOWLVOESR)
Only goodness and kindness follow me
all the days of my life;
and I shall dwell
in the house of the (DOLR)
for years to come

This Psalm tells us about the

# With trust in God's goodness, let us offer our prayers

\* For all who are sick, may Christ who knew pain and suffering in his own life fill them with healing and hope.



- \* For all struggling with depression or anxiety, may the Lord pour his grace upon them and grant them healing & comfort.
- \* For all the military men and women who are supporting our freedom.
- \* That we generously use our God-given gifts to do the work God has placed us here on earth to do.
- \* For the elderly who are homebound or unvisited, may the Lord fill them with his presence and comfort them with friendship.
- \* For the intentions listed in our parish book of prayer.

To add a request call 608-788-1646 or email sjrp2601@gmail.com